

Forest Hills Recreation Center 724 W. 109th Avenue, Tampa, FL 33612

Fall III 11/7—12/19

(813) 931-2105

All classes require a Rec Card. Additional fees for materials and supplies may also apply.

Classes subject to change without notice. Fall II Session: September 28—November 6

Course Name	Age	Days	Time	Fee
Stride and Ride	0—3 mo.	T	10:30—11:30 a.m.	\$25.00 + Rec. Card
Middle School Mentoring	10—14 yrs.	M, W, F	4:30—6:00 p.m.	\$65.00 + Rec. Card
Aerobics—Hi/Low	Adults	M, Th	6:30—7:30 p.m.	Rec Card
Adult Line Dance	Adults	M	7:30—8:30 p.m.	Rec Card
Basketball Open Gym	Adults	M, Th	7:00—9:00 p.m.	Rec Card
Bingo	Adults	T	11:30-12:30 p.m.	Rec Card
Slow & Easy Exercise	Adults	T	12:45 –1:30 p.m.	Rec Card
Adult Volleyball League	Adults	T	7:00—9:00 p.m.	
Knitting & Crochet	Adults	W	12:30 –2:30 p.m.	Rec Card
Beginning Rec Cheerleading	8 yrs+	W	3:30—4:30 p.m.	\$45.00 + Rec Card
Tai Kwon Do	Youth	W	6:00—7:00 p.m.	\$3.00 per class + Rec card
Tai Kwon Do	Adults	W	7:15 –8:15 p.m.	\$3.00 per class + Rec card
Volleyball Open Gym	Adults	W	7:00—9:00 p.m.	Rec Card
Bunco	Adults	Th	11:30 a.m. —12:30 p.m.	Rec Card
Hip Hop Teens	12 yrs+	F	7:00—9 :00 p.m.	\$5.00 night + Rec card

