

VOLUNTARY WELLNESS PHYSICALS (Sworn Employees)

If utilizing **Florida Hospital Carrollwood**, please follow the instructions below:

Florida Hospital Carrollwood (FHC)
Occupational Health Clinic
7001 North Dale Mabry Hwy, Ste. 10
Tampa, FL
Phone: (813) 558-8095
Scheduling beginning Monday, 11/3/2014

The process is as follows:

1. Call the Florida Hospital Carrollwood (FHC) Occupational Health Clinic @ 813-558-8095 and let them know you are scheduling a City of Tampa Voluntary Wellness Physical.
2. Elva Sabroso, physical coordinator, will schedule the appointment and set up all testing/screenings. She will also send the sworn employee an email confirming the appointment day/time and all instructions including clinic/hospital address.
3. Firefighters will follow the same process as they currently do when they are coming to the hospital for their annual physical. No changes and the "Voluntary Wellness Physical" will be part of their annual NFPA physical.
4. Sworn Police personnel will report directly to Florida Hospital Carrollwood (FHC) Occupational Health Services the day of their physical. **NOTE: Your paperwork must be done online, faxed, or mailed and received by Florida Hospital Carrollwood (FHC) at least 48 hours BEFORE your scheduled appointment.**
5. Participants need to arrive 15 minutes prior to their scheduled time and bring their driver's license and City ID. **You must be fasting when you arrive for your appointment.**
6. Scheduling is available Monday through Friday. Appointment times are between the hours of 8:00 a.m.-11:00 a.m.

If at any time there are any difficulties obtaining appointments or any of the web links do not work, please email benefitsquestions@tampagov.net or call 813-274-5757 to advise the Human Resources team.