



Copeland Pool

11001 North 15th Street (813) 975-2734
tampagov.net/ParksAndRec

Fall 2020 August 24th—November 7th

Activities	Sun	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
Open Swim	x	4:00-7:00pm	4:00-7:00pm	4:00-7:00pm	4:00-7:00pm	4:00-7:00pm	12:00-5:00pm
Lap Swim	x	3:00-4:00pm 7:00-8:00pm	3:00-4:00pm 7:00-8:00pm	3:00-4:00pm 7:00-8:00pm	3:00-4:00pm 7:00-8:00pm	3:00-4:00pm 7:00-8:00pm	10:00am- 12:00pm
Parent/Child Aquatics (Ages 6 months -3)	x	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	x	x
Parent/Child Aquatics (Ages 6 months -3)	x	x	x	x	x	x	10:00-10:30am
Pre School Aquatics (Ages 3 - 5)	x	5:30-6:00pm	5:30-6:00pm	5:30-6:00pm	5:30-6:00pm	x	x
Pre School Aquatics (Ages 3 - 5)	x	x	x	x	x	x	10:30-11:00am
Learn to Swim (Ages 6 and up)	x	6:00-6:30pm	6:00-6:30pm	6:00-6:30pm	6:00-6:30pm	x	x
Learn to Swim (Ages 6 and up)	x	x	x	x	x	x	11:00-11:30am
Adult Swim Lessons	x	6:30-7:00pm	6:30-7:00pm	6:30-7:00pm	6:30-7:00pm	x	x
Adult Swim Lessons	x	x	x	x	x	x	11:30am- 12:00pm
High School Swim Team	x	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	x
Copeland Park Afterschool	x	3:30-4:30pm	3:30-4:30pm	3:30-4:30pm	3:30-4:30pm	3:30-4:30pm	x

Swim Lesson Session Dates (8 lessons)

Monday through Thursday Classes:

Session 1: August 10– 20 Session 2: August. 24–September 3
 Session 3: September 7– 17 Session 4: September 21– October 1
 Session 5: October 5- 15 Session 6: October 19– October 29

Fridays are make up days.

Note. Session dates may be adjusted due to Holiday or event closure. Instructor will inform class on the first day if session is affected.

Saturday classes: Session 1: August 15– October 3

CLASS MAKE UP POLICY

If class is cancelled by us due to weather or a facility issue, makeup classes are available at the times/days listed. Makeups should be completed with the session enrolled. *2 makeups max for 2 days cancelled.* If more than 4 classes are cancelled due to weather in the session, staff will help you re-enroll into another session. Sorry—no makeups offered for not attending a scheduled class.

Swim Session Fees

Rec Card:	Allows for unlimited visits to Open Swim, Aqua Exercise, and Stretch & Tone for one year.		
Lap Swim Pass:	Required in addition to a Rec Card for unlimited entry during exclusive Lap Swim hours.		
Daily Drop In Fee:	Non card holders must pay a daily fee to use the pool. Rec Card holders without a Lap Swim Pass must pay a daily fee to swim during Lap Swim hours.		
Resident Rec Card:	\$15/individual	\$50/family	
	<i>Family = Any 2 adults and all children under age 18 residing at the same address. Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.</i>		
Non-resident Rec Card:	\$30/individual	\$100/family	
	<i>Family = Any 2 adults and all children under age 18 residing at the same address.</i>		
Lap Swim Pass:	\$10/month	\$25/4 months	\$65/1 year
Daily Drop-in Fee :	Youth and Senior—\$2.00	Adult—\$4.00	

PARENT/CHILD AQUATICS: Ages 6 months to 3 years. This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class fee: Current Rec Card and \$24 per session (8 lessons)**

PRESCHOOL AQUATICS: Ages 3 to 5 years. This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills for young children. Skills include aquatic and water safety with water entry/exit, breath control and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: Current Rec Card and \$24 per session (8 lessons)**

LEARN TO SWIM: Ages 6 and up. The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. **Class Fee: Current Rec Card and \$24 per session (8 lessons)**

ADULT SWIM LESSONS: Ages 18 and up. Learn to swim or improve your strokes. We will work with you at your own pace and according to your swim level and goals. **Class Fee: Current Rec Card and \$24 per session (8 lessons)**

LAP SWIM: Ages 18 and up or by special permission. A Rec Card and Seasonal Swim Pass or Daily Drop-In Fee are required. Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes.

OPEN SWIM: Enjoy the pool and all it's amenities. Proper swim attire is required. **All participants must have a current Rec Card or pay the daily drop in fee. Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request.

AQUA EXERCISE: Ages 18 and up. Take the jolt out of your aerobic workout with this program in waist deep water. Use the water as resistance and work your arms, legs, and even your core without the stress on muscle, bones, tendons, and ligaments. **Class Fee: Current Rec Card**

AQUA STRETCH & TONE: Ages 18 and up. Low impact and low intensity. This class will increase your range of motion, flexibility and help relieve stress. All in the water.

NOVICE SWIM CLUB: Ages 5-15. Must be able to swim 25 yards unassisted. Children will improve their swim strokes and get a grass roots experience in the world of competitive swimming. Competitions occur summer season only. **Class Fee: Current Rec Card**

Tampa Parks & Recreation Pools Fall 2020 Holiday Hours

Monday, Sept. 7:	Open 12:00-5:00pm
Wednesday, Nov. 11:	Closed
Thurs/Fri Nov 26, 27:	Closed
Thurs/Fri Dec 24, 25:	Closed
Friday, Jan 1, 2021:	Closed

Weather Policy

When lightning is seen or thunder heard the pool will be closed until there has been no lightning or thunder for 30 minutes. All patrons will be asked to leave the pool and deck areas immediately.