



INTERBAY POOL

4321 W Estrella Ave (813) 282-2910
 tampagov.net/ParksAndRec

Fall 2020 August 24th – November 7th

Activities	Sun.	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
Open Swim	Closed	X	X	X	X	X	12:00-4:00pm
Lap swim	Closed	8:00am-12:00pm	8:00am-12:00pm	8:00am-12:00pm	8:00am-12:00pm	8:00am-12:00pm	8:00-10:00am
Parent/Child Aquatics (Ages 6 months-3yrs)	Closed	X	X	X	X	X	9:00-9:30am
Pre School Aquatics (Ages 3-5)	Closed	X	X	X	X	X	9:45-10:15am
Learn to Swim (Ages 6 & Up)	Closed	X	X	X	X	X	10:30-11:00am
Homeschool Novice Swim Team	Closed	11:00am-12:00pm	X	11:00am-12:00pm	X	X	X
Jefferson High School Swim Team	Closed	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	4:00-5:30pm	X
Facility Rental TEAM	Closed	6:00-7:30am	6:00-7:30am	6:00-7:30am	6:00-7:30am	6:00-7:30am	6:30-8:00am
Water Polo	Closed	6:00-7:30pm	X	6:00-7:30pm	X	X	X
Synch Rays	Closed	X	6:00-8:00pm	X	6:00-8:00pm	X	9:30am-12:00pm

Fall 2020 Holiday Hours

Monday, Sept. 7: Open 12:00-5:00pm
 Wednesday, Nov. 11: Closed
 Thurs/Fri Nov 26, 27: Closed
 Thurs/Fri Dec 24, 25: Closed
 Friday, Jan 1, 2021: Closed

Swim Lesson Session Dates (8 lessons)

Saturday Classes: Session 1: August 15– October 3
 Session 2: October 10– November 28

CLASS MAKEUP POLICY

If class is cancelled by us due to weather or a facility issue, makeup classes are available at the times/days listed. Makeups should be completed with the session enrolled. *2 makeups max for 2 days cancelled.* If more than 4 classes are cancelled due to weather in the session, staff will help you re-enroll into another session. Sorry—no makeups offered for not attending a scheduled class.

Swim Session Fees

Rec Card:	Allows for unlimited visits to Open Swim, Aqua Exercise, and Stretch & Tone for one year.	
Lap Swim Pass:	Required in addition to a Rec Card for unlimited entry during exclusive Lap Swim hours.	
Daily Drop In Fee:	Non card holders must pay a daily fee to use the pool. Rec Card holders without a Lap Swim Pass must pay a daily fee to swim during Lap Swim hours.	
Resident Rec Card:	\$15/individual	\$50/family
	<i>Family = Any 2 adults and all children under age 18 residing at the same address. Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.</i>	
Non-resident Rec Card:	\$30/individual	\$100/family
	<i>Family = Any 2 adults and all children under age 18 residing at the same address.</i>	
Lap Swim Pass:	\$10/month	\$25/4 months \$65/1 year
Daily Drop-in Fee :	Youth and Senior—\$2.00	Adult—\$4.00

LAP SWIM Ages 18 and up or by special permission. Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. **A Rec Card and Seasonal Swim Pass or Daily Drop-In Fee are required.**

OPEN SWIM Enjoy the pool and all it's amenities. Proper swim attire is required. **Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request. **Must have a current Rec. Card or pay the daily drop in fee.**

PARENT/CHILD AQUATICS Ages 6 months to 3 years. This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class Fee: \$24 per session.**

PRESCHOOL AQUATICS Ages 3 to 6 years. This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control, and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: \$24 per session.**

LEARN TO SWIM (Levels 1-3) (Ages 6 and up). In levels 1-3, participants work to improve on their water comfort level and begin to learn the basics of swimming. As the levels increase swimmer's body position becomes more horizontal and they start to make forward progress in the water with ease. Please speak with an instructor today if you are unsure of participant's current swim level. **Class Fee: \$24 per session (8 lessons) *An instructor will assign the participant's level**

LEARN TO SWIM (Level 4-6) (Ages 6 and up). The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. **Class Fee: \$24 per session (8 lessons) **Must pass Red Cross Level 3 Water Competency Exit Assessment**

PRIVATE LESSONS Private lessons are available based on staff and scheduling availability. **Class Fee: \$12.50 per 30 minute lesson**

NEXT LEVEL WATER POLO Ages 10-18. For info visit nextlevelwaterpolo.com or **562-212-5002**. Must have a current Rec Card to participate.

SYNCH RAYS Youth synchronized swimming club. For more information contact Coach Beth Moore **813-833-7722** or bethsynch@yahoo.com Must have a current Rec Card to participate.

Weather Policy

When lightning is seen or thunder heard the pool will be closed until there has been no lightning or thunder for 30 minutes. All patrons will be asked to leave the pool and deck areas immediately.