



ROY JENKINS POOL
154 Columbia Dr. 33606
tampagov.net/ParksandRec
(813) 250-3355

Fall 2020 October 4th – January 2nd

Social distancing is required during classes, while on the pool deck, reception desk, and locker rooms. Please help prevent the spread of Covid-19. Do not visit the pool if you are sick. Practice social distancing and wear a mask when applicable. Staff will manage capacity to 50% for swim sessions.

Activities	Sun.	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
Open Swim (Both Pools)	10:00am-4:00pm	X	12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	2:00-7:00pm	11:30am-4:00pm
Open Swim Feature Pool (Ages 8 and under)	10:00am-4:00pm	X	10:00am-7:00pm	10:00am-7:00pm	10:00am-7:00pm	10:00am-12:00pm 2:00-7:00pm	10:00am-4:00pm
Lap swim	X	X	7:00am-12:00pm 4:00-7:00pm	7:00am-12:00pm 4:00-7:00pm	7:00am-12:00pm 4:00-7:00pm	7:00am-12:00pm	7:00am-11:30am
Parent/Child Aquatics (Ages 6 months–3)	X	X	9:30-10:00am	9:30-10:00am	9:30-10:00am	9:30-10:00am	X
Parent/Child Aquatics (Ages 6 months-3)	X	X	X	X	X	X	9:30-10:00am
Pre School Aquatics (Ages 3-5)	X	X	10:00-10:30am	10:00-10:30am	10:00-10:30am	10:00-10:30am	X
Pre School Aquatics (Ages 3-5)	X	X	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	X
Pre School Aquatics (Ages 3-5)	X	X	X	X	X	X	10:15-10:45am
Learn to Swim (Levels 1-3& 4-6) (Ages 6 & up)	X	X	11:30am-12:00pm	11:30am-12:00pm	11:30am-12:00pm	11:30am-12:00pm	X
Learn to Swim (Levels 1-3& 4-6) (Ages 6 & up)	X	X	5:45-6:15pm	5:45-6:15pm	5:45-6:15pm	5:45-6:15pm	X
Learn to Swim (Levels 1-3& 4-6) (Ages 6 & up)	X	X	X	X	X	X	11:00-11:30am
Roy Jenkins Swim Club	X	X	4:00-5:00pm	X	4:00-5:00pm	X	X
Aqua Fitness	X	X	10:30-11:15	10:30-11:15am	10:30-11:15am	10:30-11:15am	11:15am-12:00pm
FLOATFIT Sculpt	11:00-11:45am	X	X	X	X	6:00-6:45pm	8:30-9:15am
Aqua Mat Stretch	10:00-10:45am	X	X	X	X	X	X

Swim Lesson Session Dates (8 lessons)

Tuesday through Friday Classes:

Session 1: August 11– 21

Session 4: September 22– October 2

Session 7: November 3–13

Fridays are make up days.

Note. Session dates may be adjusted due to Holiday or event closure. Instructor will inform class on the first day if session is affected.

Session 2: August. 25–September 4

Session 5: October 6- 16

Session 8: December 1– 11

Session 3: September 8– 18

Session 6: October 20– October 30

Saturday classes: Session 1: August 15– October 3

Session 2: October 10– November 28

Swim Session Fees

Rec Card:	Allows for unlimited visits to Open Swim, Aqua Exercise, and Stretch & Tone for one year.		
Lap Swim Pass:	Required in addition to a Rec Card for unlimited entry during exclusive Lap Swim hours.		
Daily Drop In Fee:	Non card holders must pay a daily fee to use the pool. Rec Card holders without a Lap Swim Pass must pay a daily fee to swim during Lap Swim hours.		
Resident Rec Card:	\$15/individual	\$50/family	
	<i>Family = Any 2 adults and all children under age 18 residing at the same address. Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.</i>		
Non-resident Rec Card:	\$30/individual	\$100/family	
	<i>Family = Any 2 adults and all children under age 18 residing at the same address.</i>		
Lap Swim Pass:	\$10/month	\$25/4 months	\$65/1 year
Daily Drop-in Fee :	Youth and Senior—\$2.00	Adult—\$4.00	

CLASS MAKE UP POLICY

If class is cancelled by us due to weather or a facility issue, make up classes are available at the times/days listed. Makeups should be completed with the session enrolled. *2 make ups max for 2 days cancelled.* If more than 4 classes are cancelled due to weather in the session, staff will help you re-enroll into another session. Sorry—no makeups offered for not attending a scheduled class or make up.

Fall 2020 Holiday Hours

Monday, Sept. 7:	Open 12:00-5:00pm
Wednesday, Nov. 11:	Closed
Thurs/Fri Nov 26, 27:	Closed
Thurs/Fri Dec 24, 25:	Closed
Friday, Jan 1, 2021:	Closed

PARENT/CHILD AQUATICS (Ages 6 months to 3 years). This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class fee: \$24 per session (8 lessons)**

PRE SCHOOL AQUATICS (Ages 3 to 5 years). This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: \$24 per session (8 lessons)**

LEARN TO SWIM (Levels 1-3) (Ages 6 and up). In levels 1-3, participants work to improve on their water comfort level and begin to learn the basics of swimming. As the levels increase swimmer's body position becomes more horizontal and they start to make forward progress in the water with ease. Please speak with an instructor today if you are unsure of participant's current swim level. **Class Fee: \$24 per session (8 lessons) *An instructor will assign the participant's level**

LEARN TO SWIM (Level 4-6) (Ages 6 and up). The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. **Class Fee: \$24 per session (8 lessons) **Must pass Red Cross Level 3 Water Competency Exit Assessment**

PRIVATE LESSONS Private lessons are available based on staff and scheduling availability. **Class Fee: \$12.50 per 30 minute lesson**

LAP SWIM Ages 18 and up or by special permission. **A Rec Card and Lap Swim Pass or Daily Drop-In Fee are required.** Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. **Class Fee: Current Aquatic pass**

OPEN SWIM 50% Capacity—Social Distancing. Enjoy the pool and all it's amenities. Proper swim attire is required. **All participants must have a current Rec. Card or pay the daily drop in fee. Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request. **Please note feature pool & main pool schedules.**

AQUA FITNESS This class is a medium intensity, low impact workout held in chest deep water. This class will increase cardiovascular endurance and emphasize muscular strength and flexibility. Water equipment will be used for added resistance. Water dumbbells and water noodles will be provided. **Class Fee: Current Rec Card**

AQUA MAT STRETCH This class will be conducted using floating exercise mats. Morning Yoga is designed to improve flexibility, range of motion, and balance. This class is designed to relieve tension and renew energy for a refreshing start to your day. **Mat reservation required for each session. Class Fee: Current Rec card**

FLOATFIT SCULPT This class is a medium intensity workout with a focus on balance and stability. This full body workout will include a combination of interval training, muscular strength, and cardiorespiratory endurance. **Mat reservation required for each session. Class Fee: Current Rec Card**

ROY JENKINS YOUTH SWIM CLUB Ages 5-17 and must be able to swim 25 yards unassisted. This is a non-competitive swim club for anyone between the ages of 5 to 17 that can complete our 25 yard swim test and wants to have fun. Each practice will have a training session consisting of stroke development along with aquatic games and activities. **Class Fee: Current Rec Card and \$24 per session (8 practices)**