CITY OF TAMPA
HEALTH AND WELLNESS

TAMPA CITY PULSE
WHERE EVERY HEARTBEAT COUNTS

PERSONAL HEALTH ASSESSMENT (PHA)
2019 Plan Year Schedule

Sign up for the date and location most convenient to you by logging onto the CareATC.com website or Call: (800) 993-8244

CareATC provides a unique internet user ID and password to access their website for making a PHA appointment

TAMPA CITY PULSE
WHERE EVERY HEARTBEAT COUNTS

Growing healthy every step of the way

Please complete your PHA Questionnaire on-line at the CareATC.com website when scheduling your appointment.
Please Note: For your PHA Questionnaire to be registered, you must click the save button.
PHA Questionnaires completed online are directly submitted electronically to CareATC and cannot be printed.

#	DATE		TIME	LOCATION	ADDRESS
1	9/6	Thurs.	7:00 a.m. - 11:00 a.m.	Water Distribution Assembly Room	3901 E. 26th Ave.
2	9/7	Fri.	7:00 a.m. - 12:00 p.m.	City of Tampa Wellness Fair Hunt Center/Al Lopez Park	4810 N. Himes Ave.
3	9/8	Sat.	8:00 a.m. - 12:00 p.m.	City of Tampa Himes Wellness Center (Employees, covered Spouses, & Domestic Partners)	4107 N. Himes Ave., Suite 101
4				City of Tampa Brandon Wellness Center (Employees, covered Spouses, & Domestic Partners)	413 W. Robertson, Suite A
5	9/10	Mon.	7:00 a.m. - 11:00 a.m.	TPD Downtown Headquarters 6th Floor Break Room	411 N. Franklin St.
6			3:00 p.m. - 8:00 p.m.		
7	9/11	Tues.	7:00 a.m. - 11:00 a.m.	Public Works/Construction Management Bldg., Downstairs Conference Room	3808 E. 26th Ave.
8	9/12	Wed.	6:00 a.m. - 11:00 a.m.	Wastewater Collections Team Assembly Room	2515 Guy N. Verger Blvd.
9	9/13	Thurs.	5:30 a.m. - 11:00 a.m.	Solid Waste Department Building 4 Training Room	4010 W. Spruce St.
10			3:00 p.m. - 8:00 p.m.	TPD Downtown Headquarters 6th Floor Break Room	411 N. Franklin St.
11	9/14	Fri.	7:00 a.m. - 12:00 p.m.	TPD Downtown Headquarters 6th Floor Break Room	411 N. Franklin St.

Personal Health Assessments (PHA's) are also available at the City of Tampa Wellness Centers by appointment only. Please call: (800) 993-8244 or go on-line: www.careatc.com

Please Note: You Must go on-line to schedule an appointment and complete your Health Assessment. To gain access to CareATC website, please contact the CareATC Patient Access Center to receive User Name/Password prior to PHA appointment.

If you are not enrolled in a City of Tampa group health plan, but you desire to complete a fasting blood draw, please plan on attending the City of Tampa Wellness Fair on September 7th ~ Hunt Center/Al Lopez Park ~ 7 a.m. - 12:30 p.m.

For questions and/or additional information, please contact:
Benefits Questions line at: 813-274-5757 or via email at benefitsquestions@tampagov.net