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PUBLIC HEALTH OFFICIALS URGE RESIDENTS TO WEAR MASKS AND SOCIAL DISTANCE



Contact:

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Hillsborough County, Fla.— Entering Phase 2 does not mean residents should stop wearing cloth face coverings/masks and social distance (staying at least 6 feet away from other people) when in public. COVID-19 is still spreading in the community. Masks will slow the spread and help people who may have COVID-19 and do not know it from transmitting the virus to others.

Don'ts

- Do not use a mask that looks damaged
- Do not wear a loose mask
- Do not wear the mask under the nose
- Do not remove the mask where there are people with an arm length
- Do not use a mask that is difficult to breathe through
- Do not wear a dirty or wet mask
- Do not share your mask with others

Do's

- Clean your hands before touching the mask
- Inspect the mask for damage or if dirty
- Adjust the mask to your face without leaving gaps on the sides
- Cover your mouth, nose, and chin
- Avoid touching the mask after it is on
- Clean your hands before removing the mask
- Remove the mask by the straps behind the ears or head
- Pull the mask away from your face
- Store the mask in a clean plastic, resealable bag if it is not dirty or wet and you plan to re-use it
- Remove the mask by the straps when taking it out of the bag
- Wash the mask in soap or detergent, preferably with hot water, at least once a day
- Clean your hands after removing the mask