



## Using your pharmacy benefits.

OptumRx® is your plan's pharmacy services manager and is committed to helping you find cost-effective ways to get your medication(s).

### Set up your online account

Once registered on [myuhc.com](https://myuhc.com),<sup>®</sup> access the pharmacy section to:

- Manage your home delivery medications.
- Set up email or text message<sup>1</sup> reminders.
- Check your order status.

### Use the UnitedHealthcare® Health4Me® app

Manage your prescription benefit and home delivery orders with the Health4Me app on your smartphone or tablet.

### Use a network pharmacy

Be sure to fill your prescriptions at a network pharmacy, otherwise they may not be covered or you may pay more.<sup>2</sup> Finding a network pharmacy is easy:

- Log in to [myuhc.com](https://myuhc.com). Or, use the Health4Me app.
- Or call the number on your health plan ID card.

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# Home delivery from OptumRx.

Use OptumRx home delivery to help manage the medications you take regularly. Home delivery is safe, reliable and offers the following advantages:



## Cost savings.

You may pay less for your medication with a 3-month supply through OptumRx.



## Convenience.

Get free standard shipping.



## 24/7 access and reminders.

Speak to a pharmacist any time, any day. Set up medication reminders.

## Choose home delivery.



### By going online:

Visit [myuhc.com](http://myuhc.com), register and follow the simple step-by-step instructions.



### By phone:

Call the member phone number on the back of your plan ID card. It's helpful to have your plan ID card and medication bottle available.



### By ePrescribe:

Ask your doctor to send an electronic prescription.

You may be able to refill your home delivery prescriptions automatically through the Hassle-Free Fill program.

If you need your medication right away, ask your doctor for a 1-month prescription to fill at a local pharmacy and a 3-month prescription you can use to set up home delivery.

## Making medication decisions.

### Use the UnitedHealthcare prescription drug list (PDL).

The PDL is a list of your plan's covered medications. The medications are organized into cost tiers. Choosing medications in lower tiers may save you money.

Cost tier	Includes	Helpful tips
<b>\$</b> <b>Tier 1 — Lowest cost</b>	Lower-cost medications. Some brand-name medications.	Tier 1 medications have the lowest out-of-pocket costs. Consider generic alternatives.
<b>\$\$</b> <b>Tier 2 — Mid-range cost</b>	Mix of brand-name and generic medications.	Tier 2 drugs may cost less than Tier 3 drugs. <sup>3</sup>
<b>\$\$\$</b> <b>Tier 3 — Highest cost</b>	Highest cost brand-name medications and some generic medications.	Many Tier 3 medications have lower-cost options in Tiers 1 or 2. Ask your doctor if they could work for you. <sup>3</sup>

Some Connecticut plans have a fourth tier that includes higher cost brand-name and generic medications, as well as non-preferred brand-name and specialty medications.

### Save money.

Generic medications usually have a lower co-pay than brand name medications. Ask your doctor if there is a generic alternative for you.

### Compare prices.

Search for lower-cost alternatives. Just log in to [myuhc.com](http://myuhc.com). Or use the **Health4Me** app.

## Tips.



### Know your plan.

Your plan may require one or more of the following for your prescription to be covered:

**Prior authorization** — approval to get a medication.

**Step therapy**

**(First Start for NJ plans only)** — trying one medication before another.

**Quantity limits** — only a certain amount of the medication is allowed for coverage.



### Talk to your doctor.

When you talk with your doctor, use the **Health4Me** app to confirm coverage and costs. You can also talk about what you need to do to get your medication.



### BriovaRx®, the OptumRx specialty pharmacy.

You may be able to use BriovaRx, the OptumRx specialty pharmacy. BriovaRx is more than just a way for you to get your specialty medications. We provide ongoing support to help you manage more complicated conditions..



Log on to [myuhc.com](https://myuhc.com) see if you could save. Or use the **Health4Me** app.

## Your plan may also include.

Your plan **may include** the cost-saving medication home delivery program below.

With each of these programs, you are allowed a limited number of refills at your current pharmacy. Then you must take action.

Mail Service Saver	Mail Service Saver Plus	Mail Service Member Select
Switch to OptumRx home delivery or you may pay more.	Switch to OptumRx home delivery or you will pay the full price for your medication.	Switch to OptumRx home delivery or tell OptumRx you want to keep filling at retail. If you do not let us know your choice, you will pay full price for your medication.



