

CITY OF TAMPA WELLNESS CENTERS

Wellness Centers

Available to all eligible employees, non-Medicare retirees, and their families on the health plan. The Employee Wellness Centers are hassle free, have no deductible or co-pay, offer minimal waiting room time, and medications on the formulary are dispensed on-site with no co-pay.

Come to us for your Primary Healthcare needs, including:

✓ Allergies	✓ Asthma
✓ Cold and Flu	✓ Congestion
✓ Diabetes Management	✓ Headaches
✓ High Blood Pressure	✓ High Cholesterol
✓ Lab Work/Tests	✓ PHAs
✓ Physicals	✓ Tobacco Cessation
✓ Standard Lab Testing	✓ Wellness Kiosk*
✓ NEW HealthPassport	✓ NEW Health Coaching

*Wellness portal provides online access to CareATC, City of Tampa and UHC

Himes Wellness Center

4107 N. Himes Ave. Suite 101, Tampa, FL
Monday - Friday 8:00 am to 5:00 pm

Brandon Wellness Center

413 W. Robertson St. Suite A, Brandon, FL
Monday - Friday 8:00 am to 5:00 pm*

*Closed from 12:00pm - 1:00pm for lunch

Sergei Popov, DO
Himes Wellness Center



Keith Goldstein, MD
Himes Wellness Center



Maria Claudia Escobar, FNP, MPH
Himes Wellness Center



Tasmia Ahmed, MD
Brandon Wellness Center



Cary Pilet, MSN, ARNP-BC
Brandon Wellness Center



Three easy ways to schedule an appointment:

CareATC App
 careatc.com/patients
 800.993.8244

